

Posterior Tibial Tendon Insufficiency

TP pain, no deformity ⊕ single heel raise = Stage I Debridement

Flat foot deformity ⊖ single heel raise = Stage II

Flexible hindfoot

(Mod to ST jt)

Normal forefoot

A 1st ray PFOsteotomy (Cotton)
FDL → TP + f

Medial slide calc osteotomy

Forefoot Abduction

B + Lateral column lengthening

"too many toes"

+/- TAL or gastroc recession

>40% TN uncoverage

Flat foot deformity

Stage III

Triple arthrodesis

Rigid hindfoot

Rigid forefoot abduction

Deltoid incompetency

Stage IV

Tibio talo calcaneal

lateral talor tilt

arthrodesis

ankle pain