

HAND COMPARTMENT SYNDROME

DEF Decreased tissue perfusion in a myofascial compartment leading to muscle ischaemia, necrosis & contractures

10 hand compartments

Thenar

Hypothenar

Adductor pollicis

4 dorsal interossei

3 volar interossei

Technique 5 incisions

2 dorsal over 2nd & 4th MC

Thenar along volar border of thumb MC

Hypothenar along volar border of LF MC

Carpal Tunnel (extended)