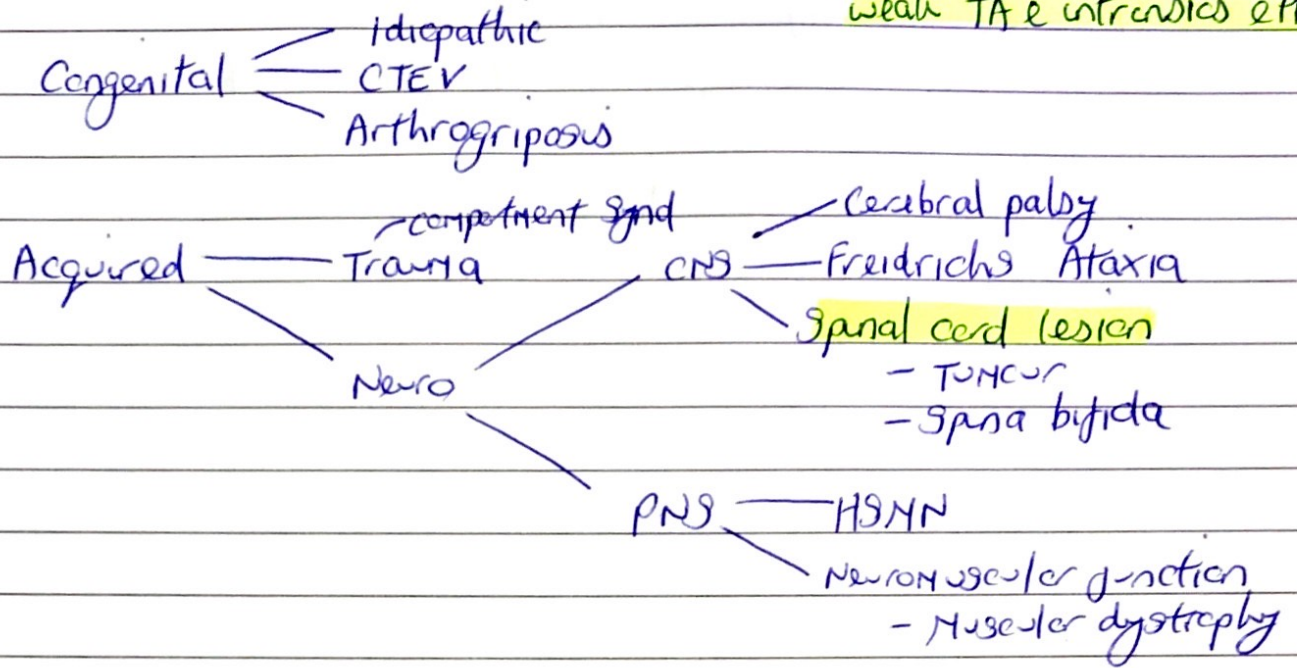


CAVOVARUS FOOT

muscle imbalance
weak TA & intrinsics & PB



Tx

Non op = foot wear modification, moulded AFO, stretching & PT
Operative is Tx of choice

1st ray plantar flexion Dorsal closing wedge osteotomy
PL → PB tf

Cavus PF release
TP tf to dorsum of foot through 10M

Hindfoot varus PL → PB tf
Lateral calc closing wedge (B Dwyer) or lat. calc slide

Equinus usually corrects after other deformities correct
TAL left until other corrections done

Clawing Girdlestone Taylor split FDL to EDL
combined with Weils
PIP & Weils
MTPJ release & PIPJ excision arthroplasty

Big toe clawing

Jones procedure
+ IAT fusion

Fixed hindfoot

Arthrodesis